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I hate my husband

Andrea Frazer

posted: December 9, 2007, 11:40 pm

in: [Mom Stories](#)

207 comments

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7

I don't hate him every day. Just a few days out of the month. And they don't have to just be those PMS days. In fact, I never know when this feeling of anger against my spouse is going to explode. Usually, though, it's when I've been running around all day with the kids: School drop-offs and pick-ups, last minute runs to the grocery store, the cleaners, an errand for Grandma. Of course there's the lunches, and my worry that I don't have enough gluten free crackers in the house to make an adequate snack. Oh, no... I forgot about that pile of Ebay packages that have to get out right before dinner. I'm pretty irritated at this point, but at least Rex will be home from work to watch the kids while I hit the post office.



But he's not.

And that's when irritation turns psycho steaming as I haul two cranky toddlers into the postal office and brace myself for the inevitable meltdown (theirs and the other customers.)

I suppose I can't complain too much. It's not like Rex is at a bar or carousing with another woman. He's slaving away at work. *Someone's* got to make a living, right? I feel bad for him in a way. Talking to adults all day, eating lunch out, getting a pat on the back for upgrading a server, planning his ~~luxurious vacation~~ business trip to Germany. Poor dude... riding First Class on a plane for 13 hours straight. All alone... no kids to ~~kiss and cuddle~~ scream in his ear.

Whoops... there I go again. On days where I'm at my wit's end, I no longer have a husband who co-captains this beautiful life we've built. I have a work-a-holic bastard who'd rather spend time with computers than with us. And how much do you want to make a bet that when he comes home, the first thing he'll do is check that damn Blackberry?

It's a fine line I walk: Being appreciative, and being taken for granted. And truthfully, Rex is a heck of a lot better than he used to be. Just last week he came home with a rose and a large Diet Coke "just because". My husband loves me. I don't doubt it. What I forget to do is love myself. Because if I ask for time, or help, he's the first to give it. But he's not one to offer. Whose fault is that?

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Hot Topic

Guess which famous families are having Thanksgiving together

Sara McGinnis

November 23, 2014
1:24 pm
[1 comment](#)



Jennifer Garner and Ben Affleck have big plans to spend this Thanksgiving with another celebrity family. Violet, Seraphina and Samuel will have a quartet of playmates to hang out with — the four daughters of Matt Damon and wife Luciana! Ben recently opened up about their holiday plans by sharing, "My mother is staying with..."

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Why do I put myself last? Why do most women? And when we do put ourselves first, why do we feel guilty? Or do you? I know I do, and that's just stupid. Because Rex has always said that when I'm happy, he's happy. And even more important – my kids are happy. Which makes for great behavior.

And so, as I type on my laptop now, and my little comp geek checks the Fry's ads, I'm going to look at my calendar. Somewhere, in between the Christmas shopping, the meal prep and the doctor's visits, I'm going to take some time for me. I'm thinking the world won't come to an end, and at the end of the day, I might just love my husband again. If I have to show this love via re-heated fish sticks and Costco spinach because the little Martha in me needs a break, so be it. I understand when he has to work late, and he'll do the same for me. (Whether he wants to or not. My new attitude: I deserve it.)

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207 Responses to *I hate my husband*

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1. **Blog Mama** says:
December 10, 2007 at 2:00 am

Ditto. Ditto. Ditto. You left out the part that Rex probably gets to go to the bathroom by himself at least sometime during the day.

2. **Kristen** says:
December 10, 2007 at 8:52 am

Thanks for posting this. I needed to know other Moms do the same thing!

3. **Adelia** says:
December 10, 2007 at 12:54 pm

Hmmm, sounds like Andrea's been spying on my house for her blog; it's just too freaking familiar! Especially the Fry's ad!

4. **Christine** says:
December 10, 2007 at 3:03 pm

My God! are we all married to the same man?

5. **Andrea Frazer** says:
December 10, 2007 at 3:50 pm

Blog Mama – At least you can blame the pregnancy hormones. What's my excuse?

Kristen – Misery loves company. Perhaps our husbands can go to Best Buys together and geek out?

Adelia – I've seen your husband. I don't believe that beneath that mild mannered handsome grin lies a trekkie. Impossible.

Christine – Given my mood today – if we're married to the same man, you can keep him. LOL.

6. **Laura** says:
December 10, 2007 at 5:27 pm

So true sometimes. If I'm particularly stressed one day, I just ask, "Did you get to eat lunch today?" That usually shuts him right up!

7. **Kristina Sauerwein** says:
December 10, 2007 at 8:48 pm

Talk about a great headline—and a great blog to follow.

8. **Andrea Frazer** says:
December 10, 2007 at 10:09 pm

Laura – I'll have to try the lunch remark.

Kristina – You still reign as queen of the headlines. I have 3 words for you: "Eat My Placenta"

9. **Steph** says:
December 11, 2007 at 1:09 am

Guilt follows me around like a shadow sometimes, for no good reason. Why do we let it? Argh.

10. **Steph** says:
December 11, 2007 at 1:18 am

Dam it. Made a spelling mistake in my link in the previous post. Sorry!

11. **Gretchen** says:
December 11, 2007 at 8:29 pm

I really think you're in my head, Andrea. Scaaaary. It's just. my thoughts are your thoughts and your thoughts are my thoughts, and I drink diet coke and...Wait. Am I Andrea?

12. **tif m** says:
December 12, 2007 at 7:03 am

i swear to god if this thing doesn't quit eating my comments i will strangle myself with my own stethoscope. grr. what i said was..forget it, i'm feeling nervous now.

13. **tif m** says:
December 12, 2007 at 7:08 am



Andrea Frazer

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12:53 am
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Laurie Gelman

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12:13 pm
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12:27 pm
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Melissa Byers

posted November 21, 2014,
5:30 am
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Melissa Byers

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i use the phrase "bet you only wiped your A*&" today" and it works well. 😊

14. *tigger_grl* says:
December 17, 2007 at 12:00 am

I totally agree...This is good to know I am not the only one who "hates" their husband! Grrrr... Thank you for posting what we are all feeling!

15. *ladyc* says:
December 17, 2007 at 1:07 am

Okay so it is normal to hate your husband. Great I was beginning to think i was the only on, so yeah!!! Truth is i you work or don't and your a mom you only have time off when your sleeping, and sometimes not even then. I just came off seven days of a seven year old with a horrible virus, and trying to keep a twelve yr old an six month old from getting it. My husband wanted to know why i wasn't being very nice!!!!!!!!!!!!!!!

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16. *maman22* says:
December 17, 2007 at 1:51 am

Oh wow!! So all this time I've been hating my hubby..it's actually normal!! I was begining to think that maybe I need to get professional help or something...whew!! Thanks for sharing!

17. *julian* says:
December 17, 2007 at 2:32 am

Thank you for this post – I have my first child and have been at a loss as to what has happened to me – previously a happy-go-lucky artist, traveller, explorer – now I'm constantly attending a child and my husband wants my time when I have that free 7 minutes a day – so I am trying to re-create my identity while remaining loving to these two guys that really deserve it but feel bushed, overwhelmed, and at a loss most of the time – feeding! cleaning! walking! reading! snacking! nap! please nap! Again, thank you – a sculptor girlfriend says it gets easier, but I am still at the stage where I wonder if I'm going to go on a killing spree before the ease arrives.

18. *Farhan Ansari* says:
December 17, 2007 at 7:55 am

You dont have to hate your husband. Just talk it out with him and he would be able to understand your problems. From your post I feel that you not talked to your husband about your feelings and problems. Anything can be resolved by dialogue. Also he has to push back and put a boundary line between work and family. Family is more important than work.

19. *Sharon* says:
December 17, 2007 at 8:16 am

The other day I told him I worked 7 days a week vs. his shift work (which is difficult) and I don't get a day off at all the least he could do is help out. His response, "Well, I shoveled the driveway." WAS THAT MY RESPONSIBILITY TOO???? I didn't get the updated mom manual.

20. *jessica* says:
December 17, 2007 at 10:08 am

I wouldn't say I hate my husband (all the time anyway), so much as resent the fact that he spends so much time at work (or at work in his head) that I hardly get to see him.

He is a manager of a newly opened retail store. He does 12-15 hour days, 6-7 days a week. I have to walk up to the mall to make him take a lunch break just to see him some days.

I know he tries very hard to give me a little break when he gets home, but then I feel guilty because he deserves a little break too.

I'm SO tired of this emotional rollercoaster, all because my husband is a workoholic, and I have postpartum (I'm still convinced they are related)

In fact, it's so bad I even started working there one day a week, so that one day a week, I don't have to hate him for never being there.

21. *samar10* says:
December 17, 2007 at 10:38 am

I'm very lucky. I work and my husband stays home with the baby. But I still suffer from I-hate-my-husband syndrome! After his father died a month ago we spent a week at his mother's house, then he went back for a week, then he got a horrible cold, and now he's sprained his ankle badly.

So I'm trying very hard to know with my whole brain that he didn't sprain his ankle on purpose to avoid anything that might resemble a chore.

22. *georgiegirl* says:
December 17, 2007 at 11:13 am

Be grateful that the late night at work does not include the one beer stopover because he has had a bad day. Mine believes the difficulty of traffic jams and getting to and fro on his lonesome is quite hard. I think I would rather enjoy the time alone in the car with some music. The fact that his deadlines are stressful and

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Sara McGinnis

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10:16 am
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Carolyn Robertson

posted November 24, 2014,
9:52 am
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Guess which famous families are having Thanksgiving together

Sara McGinnis

posted November 23, 2014,
1:24 pm
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Olivia Wilde takes issue with "unrealistic" expectations

Sara McGinnis

posted November 22, 2014,
3:06 pm
[2 comments](#)

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LATEST IN LIFE & HOME

everyone at work is sensitive, means nothing to me. I have three kids under 4 years of age. My time clock does not get to stop. at one point during the night each one of them has woken up and precious needs his sleep. I am trying very hard not to kill him. and if I here one more story about his work colleagues and him and how they have it hard, I am going to go down to his workplace and drop all the kids off.

23. *New Mom* says:
December 17, 2007 at 11:53 am

Wow, I feel so much better knowing I'm not alone. My husband and I had the most incredible relationship pre-baby, but since having our first child it has been a constant yo-yo of emotions, resentment and anger.

We rarely argued at all before starting a family and I never ever screamed at him... well, we're past all that now and are behaving more like siblings than lovers.

The climax may have been when he called me "unemployed" during a heated debate. Do. Not. Ever. Say. That. To. Me. Again.

Holy crap was I mad. Not only am I at home all day with our newborn son but I am selling anything in our house that isn't nailed down on ebay so that I can stay on maternity leave for the entire 12 weeks (which, by the way is totally ridiculous... I'm originally from Canada where mothers get 12-16 MONTHS FULL PAY mat leave).

We are aware of it now and do our best to not let these feelings get out of control. I think that's the key while you're both struggling to adjust to your new life together. It's a compromise.

24. *hun*e*b* says:
December 17, 2007 at 12:30 pm

Thank you so much ladies for having this post. I was beginning to think that I was going to become a divorced mother! I am a working mother (redundant isn't it?) I feel as if I have two jobs. I am a mother and wife who takes an 8 hour "break" by going to work.

25. *Tiff* says:
December 17, 2007 at 12:31 pm

I agree and thank you for posting that. It couldn't have come at a better time. My husband works out of town during the week (construction) and yes, I feel bad for him because he can't be home, but he gets a full night's sleep and after work, gets to go out with the guys and "relax". This past weekend, I thought something was wrong with me when I felt hate towards him. I asked him to get up with our daughter the other nite and he mutters, "Come on, this is my only time to sleep in". EXCUSE ME.... what is that? This is our first child so it's quite an adjustment. I agree that this is a 24/7 job and they sometimes don't realize that!

26. *Dana* says:
December 17, 2007 at 12:40 pm

I totally agree with you "New mom" My husband actually had the guts to say to me "well I work all day and all you do is lay around the house and hold our 4 month old son all day. I mean sure you change a couple diapers and feed him when he is hungry but it cant really be that hard." Ummm..excuse me he forgot to mention the screaming fits when our son is hungry, or the tummy aches that cause screaming crying, or the laundry that i do EVERYDAY bc its never ending, or the dishes that somehow always triple throughout the day, and most importantly the lunch i have ready for him when he gets home oh and dont forget the dinner also!!! But no honey I do very much at all during the day!!

27. *Very surprised Dad* says:
December 17, 2007 at 1:03 pm

As a father I have to say I am surprised to hear this reaction. From my search I don't see even ONE mom defending their spouse. Not even ONE?

I think mom's have an extremely difficult and frustrating job sometimes. I have total appreciation for how hard my wife works. I do my best to offer support (take the baby when i get home from work so my wife can nap. Or watch the baby while she gets some time to herself in the evenings and on weekends). But I think a lot of you have very supporting husbands and don't truly appreciate their involvement.

I've seen some horrible family structures in my lifetime and i know many MANY woman who would kill to have the support that many of you have.

And don't minimize the stresses and trials that a professional may have at their jobs too. They may have eaten lunch on their own and only wiped their own rear-ends, but they also were yelled at by their bosses, and been told they need to complete 3 days worth by 2:00pm today, or lost the big account, or live day-to-day knowing the pressure that their success at work is vital to supporting a wife and kid(s).

Just my 2 cents...

28. *Tonya* says:
December 17, 2007 at 1:37 pm

now i see that it is normal to hate my husband. sometimes i wish i could get up and leave for a few hours and let him hate me for a while. but then i will be hating him more.

29. *Evonne Lack* says:
December 17, 2007 at 1:44 pm

Dear "Very Surprised Dad,"

I wonder if we're going to start a little parent-war (of the sexes) right here on this thread. If so, I'm looking forward to it. I think dialogue about these issues can be helpful (although, once we get into war/arguing, I suppose it's less so). First, I appreciate what you said about not minimizing the stresses of working at a non-at-home job- as well as the pressure of supporting an entire family. It was good to read that because it reminded me...yes I DO, all too often, forget how hard that can be. I do. And if I were the one working out of the house while my husband got to stay home, I'd be jealous. Okay, so that said. Now, moving on, what these women are talking about refers to the tendency of some (not all, not you- but some) work-out-of-the-



13 appetizers for entertaining

Kami Bigler

posted November 22, 2014,
8:14 pm
[no comments](#)



10 Thanksgiving pies you need on your table

Lindsay Weiss

posted November 20, 2014,
4:31 pm
[no comments](#)



Ideas for a Christmas cookie exchange party

Kami Bigler

posted November 19, 2014,
9:51 am
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Itty-bitty crustless pumpkin pies

Lindsay Weiss

posted November 18, 2014,
9:34 am
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Molly Balint

posted November 22, 2014,
5:56 pm
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Sara McGinnis

posted November 21, 2014,
7:42 am
[9 comments](#)

This week we fell in love with: Boba 3-Carrier Combo Box



Joyce Slaton

posted November 21, 2014,
6:00 am
[no comments](#)

Elf Mania: The 7 best Elf on the Shelf products around



Sabrina Garbian

posted November 21, 2014,
4:37 am
[2 comments](#)

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LATEST IN TIPS & TRICKS

house partners to become somewhat blind to the tedium, exhaustion, and (most important) the never-endingness that taking care of small children demands. Okay? I think that BOTH sides could really benefit from listening to each other. And I think that many husbands (not you) could do more. And they know it.

30. *kdalby* says:
December 17, 2007 at 1:52 pm

To very surprised dad: You wonder why none of us have defended their husbands — because this blog was about how we hate/resent our husbands sometimes. It is good for all of us to realize that we are not alone and that it doesn't mean the end to our marriages when we feel this way. I'm sure my husband resents me sometimes that I "get" to stay home and "only" work part-time. I have it lucky. He works from home so he actually sees how much work it is for me to raise our son and work too. I appreciate him, but when he got to go to bed 2 hours before me and didn't get up with our son in the middle of the night and then asks why it's his turn to take care of him at 6:30 am on a Sunday morning — well at that point I want to strangle him. Instead I told him why — the 2 extra hours of uninterrupted sleep. Now, I love my husband. He is wonderful and works incredibly hard at a new job that pays us extremely well so that I can only work part-time and we can enjoy some great benefits in life. And he's incredibly considerate. I cannot count the times he has just taken over during these last 4 months (I'm pregnant and this time around it isn't easy) and let me rest, sleep, or just sit on the couch. So someday we may "hate" our husbands, but we do come around to remembering how much they do for us.

31. *Andrea Frazer* says:
December 17, 2007 at 2:04 pm

Hi – I'd love to hear from Very Surprised Dad again. He sounds adorable and sweet. I'm curious if all of us have this man in our lives, but the stress of child rearing has sucked out our appreciation?

Very Surprised Dad – We love dads like you. As Kdalby says, I don't think any of us want to end our marriages. We're just mourning a lack of support. Is conversation with our husbands enough? Wouldn't that be great?

I'll post on this again tonight. Everyone come on over. That would be great.

And thanks to everyone for commenting here.

32. *Carrie* says:
December 17, 2007 at 2:09 pm

Thank you!!! I have these thoughts too. The one thing I cannot get over is when our 3rd child was 6 weeks old he had the nerve to tell me that our sex life sucked!!! I cannot get that out of my mind. How can I go forward and not hold onto the bitterness I feel????
Not all the time, but I do. It drives me nuts that if he wants to take off to do anything he just goes. if I want to I have to find a sitter, make sure he can pick them up...etc and then when it's time to go anywhere I pack everything for our 3 kids and myself. plus food, diapers, formula, extra socks, snacks, sippy cups, dvd in the car, movies, blankies, favorite "baby", and so on. he takes care of himself and says "I'm ready" when I'm the last one out the door he's wondering what took me so long.
I think it's healthy to vent, what do you all think? It's not so much husband hating, as needing a place where other people can understand. I'm so frustrated sometimes I could just scream!!!

33. *strwberryjoy* says:
December 17, 2007 at 2:34 pm

To Very Surprised Dad...
Do you actually take the baby from your wife every night? Does she actually get actual uninterrupted time to herself daily? Or do you wait till she has a breakdown? Do you take initiative to do stuff or do you wait for her to ask, and ask again? I know she appreciates getting to stay home, but she needs to know that she is appreciated in her thankless, never ending, and will never end job of being a mommy. Yes, you sound sweet, but could be sweeter. 😊 I don't hate my husband, just resent that he sleeps uninterrupted every night, and gets to sleep in on weekends. What's wrong with that picture?

34. *Andrea Frazer* says:
December 17, 2007 at 2:38 pm

Carrie and Strwberryjoy – I get you. All of us do. Even Very Surprised Dad will probably hear some of these things from his wife at some point. Maybe then he'll be Very Enlightened Dad? (I still think he's sweet. I like him.)

I agree that it's great to vent. But like everything in life – like our childcare system in America – we know what's wrong. Now WHAT TO DO?

Let's talk on this!

35. *Laurie* says:
December 17, 2007 at 2:50 pm

Amen, amen, amen. And to hun*e*b, how did you get into my head like that? I couldn't have said it any better.

To Very Surprised Dad, some of us also work out of the house with the same pressures, trial and tribulations that you described our partners as having. Then we come home to find ourselves working full-time without any down time. Then comes the guilt because we have nothing left to give to our families when we get home and we are wondering if our marriages are headed for disaster because we feel resentment and an inability to communicate and work things out.

My husband is very willing to help if I ask. He really does try his best. It's just very frustrating that every little thing that I ask him to help with must be preceded by a request. It would be nice if he would notice the little things that I do daily and take some of the daily rituals over rather than surf the net all night while I finish putting the kids to bed, followed by making lunches, finishing dishes, finishing laundry, etc.

The unfortunate fact is, while I'm getting better at communicating my needs, I still feel guilty about everything that I ask him to do. Communication goes by the wayside because between the two of us, there



5 Ways to trade gifts for quality time and fun this Christmas

Stacy-Ann Gooden
posted November 14, 2014, 4:17 pm
4 comments



Who knew getting kids to eat their veggies could be so easy?

Stacy-Ann Gooden
posted November 8, 2014, 10:17 pm
9 comments



1 in 4 moms cry once a week because of this...

Stacy-Ann Gooden
posted October 27, 2014, 4:48 pm
25 comments



5 Tips on how to deal with friend's annoying kid

Stacy-Ann Gooden
posted September 30, 2014, 3:54 pm
15 comments

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November 2014	October 2014
September 2014	August 2014
July 2014	June 2014
May 2014	April 2014
March 2014	February 2014
January 2014	December 2013
November 2013	October 2013
September 2013	August 2013
July 2013	June 2013
May 2013	April 2013
March 2013	February 2013
January 2013	December 2012
November 2012	October 2012
September 2012	August 2012
July 2012	June 2012
May 2012	April 2012
March 2012	February 2012
January 2012	December 2011
November 2011	October 2011
September 2011	August 2011
July 2011	June 2011
May 2011	April 2011
March 2011	February 2011
January 2011	December 2010
November 2010	October 2010
September 2010	August 2010
July 2010	June 2010
May 2010	April 2010
March 2010	February 2010
January 2010	December 2009
November 2009	October 2009
September 2009	August 2009
July 2009	June 2009
May 2009	April 2009
March 2009	February 2009
January 2009	December 2008
November 2008	October 2008
September 2008	August 2008
July 2008	June 2008
May 2008	April 2008
March 2008	February 2008
January 2008	December 2007
November 2007	October 2007
September 2007	August 2007

is no downtime to talk (without falling asleep from sheer exhaustion).

I could go on and on, but my lunch hour is over and I have to get back to work. It's just good to know that I'm not alone, that this, too shall pass so to speak.

36. *Susana* says:
December 17, 2007 at 2:53 pm

Thank you very much for that!!! It is good to know that you are not alone with these weird feelings! Yes, this "hate" or "rage" doesn't happen all the time, but at least once or twice (or 3 times) a week!

And you did not mention how it feels when you try to inform yourself and read or go to little courses on baby development, feeding, routines, habits, and the husband disregards everything, has no clue, decides not to touch any of the books you suggest to read (so that you are in the same page or view) and decides to do his own thing, making the baby completely cranky!

My bit of "I told you so" was when, recently, I had a conference in South Africa, so we travelled with our 4 month old baby, and, while I was at the conference, dad was taking care and enjoying baby...after the first day, my husband finally said some magic words: "I can't believe how tired I am...you really need a lot of energy to take care of a baby the whole day"!!!! ji, ji, ji...since then, he has been a bit more helpfull, taking baby for walks by himself, giving me a break every now and then. Hopefully it will last....

And to the very surprised dad...sometimes mom's have to vent...and this is a great way to share and laugh a bit...instead of having constants breakdowns in front of the husbands! 😊

37. *Very Surprised Dad* says:
December 17, 2007 at 2:54 pm

Thanks for some of the feedback as well. I do totally agree. I know many husbands who've lost some of their appreciation for all that their wives do on a day-to-day basis with their children (and beyond). I definitely think that the razor cuts both ways here.

For the next bit, please keep in mind I'm not a good cross-section representation of husbands in general (for goodness sake I'm browsing babycenter.com for baby knowledge) 😊

But I think (and this may sound lame) that the majority of the reason I want to help and do extra for my wife is obviously my love for my wife and kids. But a very important piece is how appreciative my wife is of that time I'm able to give her. She always lets me know her appreciation and damed if that doesn't make me want to do it that much more.

Your husbands will NEVER be able to do as much as you can and will do every single day.

From my point of view, I'd like to see some of you moms try and not let the frustrations of your daily routine cause you to become completely jaded. There are good husbands out there who want to help, and do help. But I think during the fiasco that is your daily lives, that some of you may have forgotten that the man who sleeps next to you every night is still one of those "good husbands".

38. *Andrea Frazer* says:
December 17, 2007 at 3:04 pm

Okay, now I really love Very Surprised Dad. Hey, Very Surprised Dad, I know you're only cruising Babycenter for info. But would you be interested in a post on your views? I'd love to make it happen.

39. *Debbie* says:
December 17, 2007 at 3:12 pm

I guess the grass is always greener. I would love to stay at home with my two boys, but I'm the one with the good paying job so I'm the one at work.

Even though I work, I wake up with them every weekend and vacation day and during the night when they need someone. They go to bed late so that I can spend time with them each evening and I wake up very early to go to work. When I get home I take them to give my husband a break although I would love just 15 minutes to change clothes and sit down to look through the mail. Oh, I do most of the housework too. But my boys get to go to the park with Daddy every other day and are well fed, dressed and cleaned.

Yes, you don't have screaming kids at work and you get to eat lunch, but the rest of the time you're working, not having a party or enjoying a day at the spa. You are trying to do a good job to keep a roof over the heads of everyone who depends on you. Yes, this is a vent thread, but let's not forget that the person working is the one making it possible for you to raise your kids and enjoy all those moments that we seem to miss in the tedium of everyday life.

40. *New Mom* says:
December 17, 2007 at 3:19 pm

I'm sorry "Very Surprised Dad" that you feel that none of us is defending our spouse but the reason this thread began was because one Mom told her story, from her point of view, of her changed relationship with her husband since starting a family. It is obvious she still loves her husband but is often frustrated with when it comes to parenting and sharing the responsibilities of child rearing and the home.

These women, like myself, who wrote in are simply venting and the tread is intended for other Moms to identify with by telling their own stories. I do not believe it is intended as husband bashing.

Were this blog called "I hate my wife" then I'm sure you would see just as many Dads venting about the frustrations they have with the mothers of their children.

I know it's difficult for my husband to work a full time (stressful) job and then come home to a screaming baby and a disheveled, exhausted, perpetually on the verge of tears wife. We all need to compromise to keep our sanity. My husband and I work on that every minute of every day. it's not easy to keep cool all the time but it does help me IMMENSELY to know that I am not the only Mother going through this with my spouse.

That is why I am thankful for this opportunity to empathize with other women who are a lot like me.

41. *Tiki's Mom* says:
December 17, 2007 at 3:37 pm

Oh, I'm loving these comments. May I join? I am a working mom with a stay at home dad and 2 girls (4 and 7 months). And I see both sides of this issue, because although I'm the working one, I'm on duty 100% at nights and weekends. If I want to do something on the weekend like get my hair cut, I have to get a sitter or do a negotiation that usually ends in yelling over who has it harder. If he wants to do something on the weekend, he does it without asking. not fair! he feels that because he has the kids all week, he should have weekends off. Stay at home moms, you don't have this set-up, do you? didn't think so. He also has a half-time sitter, which cost me a fortune. I can't complain, because he uses the time the sitter is there to cook fabulous meals, and he does all the grocery shopping, cooking, laundry and cleaning. But still, I get so mad sometimes I want to scream.

42. *Tiki's Mom* says:
December 17, 2007 at 3:40 pm

Me again. I wanted to ask: am I being unreasonable for getting mad? If so, tell me! I need the perspective. And it's true about work: I get to eat lunches out, have adult talk, wipe only my own butt — work can be a haven for me. But I have the pressure of knowing that if I didn't work, we would lose our house. It's intense.

43. *annoyed mom* says:
December 17, 2007 at 4:25 pm

I'm so sick of the "I deserve it" attitude. Be thankful for the privilege of being able to raise your children. Being a mom is the best job in the world. What a blessing to have children and to be able to stay home with them. Appreciate your husbands and meet each others needs. It's amazing how a loving attitude and a servants heart rubs off on others and is returned. Hate is such a strong word, even if it's meant jokingly, it's not funny. Show some respect for your husbands. If a man posted this type of thing about his wife, you wouldn't praise him. But when a woman bashes her husband, she's celebrated. Husbands need to be built up so that they can be the men we want them to be. Love each other, support each other and show some forgiveness. Sharing a life with other people means you're going to irritate each other sometimes. That's just part of it.

44. *Andrea Frazer* says:
December 17, 2007 at 5:13 pm

Tiki's mom – You are not over reacting. We all get mad.

Annoyed Mom – I used the word Hate as a title grabber to get the post going. I do not hate my husband. I love him dearly. What I do hate, however, is platitudes from people about how we should all have a servants heart and love our husbands for who they are bla bla bla. We all try, obviously, but it's not that simple. Hence this thread. Hence the need to explore how to love our lives more and feeling more grateful. I did not give a blanket statement in my post, so I don't enjoy blanket statements like "appreciate your husbands and meet each other needs." I invite you to post again, this time giving some examples on HOW to do this. Much more helpful and will bridge the divide so many wives feel from their husbands.

45. *JMo* says:
December 17, 2007 at 5:17 pm

Give me a break. We know how blessed we our to be moms, but we are only human. If you've never "hated" your husband, then you must be on some pretty good medication. No dad will ever know how hard (or how great) it is to be needed 24/7. I'm glad to know that I'm not the only mom that resents my husband for this from time to time. My husband is great, but he has the easier part of the parenting deal. I wouldn't have it any other day, but it feels good to vent sometimes.

46. *Mic* says:
December 17, 2007 at 5:28 pm

The Mr is the stay-home parent, because he works part time and its nights/weekends. And he done good. When our child started asking for daycare every day, all day, Dad got a lot of free time. When I got home from work and a papertowel I dropped in my rush out to work in teh am was still on teh floor, I went ballistic.

Yes, I could have picked it up and trashed it. (and usually do), but just what in the freaking hell did he DO all day? He got the kid to daycare. THEN what?

Yes, I love him and sometimes I'm so mad I could floor him. Thanks for the article. It rings sooooo true.

"Honey, is it ok if I play golf Xmas eve morning?". Sure, if I said "no", he wouldnt go. But I cant imagine his response if I asked "honey, can I get out of touch for 6 hours Saturday?", because when I needed to update my wardrobe for work reasons, he freaked when I spent more than 90 min away from home (transit and try-on time included).

Love him, love being mom, would love some more time in the world, to be alone a bit more.

47. *Working Mom and Wife* says:
December 17, 2007 at 5:41 pm

I do appreciate that my husband helps me out a lot but there seems to be a lot of inequities. We both work hard outside the home and if we compared hours at work, I probably work more hours. Then, I come home and try to play "catch up" doing all the things I would have done that day at home if I weren't working at my job while his butt sits on the couch and watches Sportscenter. If he wants to go out, he goes out and that's the end of it. If I want to go out, I have to make sure that he doesn't already have plans and if he does, I need to arrange for a babysitter. If I have made plans first, I still have to arrange for a babysitter and if I can't get one, I don't get to go. To be completely fair, I haven't discussed this with my husband because the only time I'm thinking about it is when it's an issue and then I'm so mad that whatever I have to say would probably not be very constructive. My husband probably thinks he does a great job of helping out with our son and would be surprised at my venting here. When you've worked your butt off all week both inside and outside the home, it's easy to get frustrated at the man lazing around in the recliner while you're vaccumming and cooking dinner and feeding the baby and folding the laundry and scrubbing the toilet.

48. *Melissa* says:
December 17, 2007 at 5:49 pm

I actually have fantasies of putting a pillow over my hubands face as he lays there snoring so loudly I know the neighbor can hear. Picture this, baby is up to nurse, finally I lay her down and gently climb into bed

trying desperately not to distrb my precious angel, when out comes a noise as loud as a car alarm from my husband. Waking the baby again and truely pissing me off. As I lay there praying she will drift off again I think... I HATE my husband.

I'm hoping at least part of this can be attributed to hormones, or maybe he'll finally get that sleep study I've requested.

49. *Tiki's Mom* says:
December 17, 2007 at 5:56 pm

Wondering if the issue here is that most dads I know seem to feel that getting time to themselves is a right, while the moms feel it's something to be asked for, negotiated for, or paid for with a sitter. Sometimes I'll ask my husband to do something and he'll say "but I just sat down to watch the game!" in the same tone of voice I would use to say "but I just started folding the laundry and the baby needs changing!" He seems to think that watching the game is an important thing to do, and maybe it is — to recharge — but I have no equivalent, nor do I expect one. I wouldn't give up being a mom for anything, but I make huge sacrifices of my own time, while being a dad doesn't seem to require the same sacrifices. Maybe we should change our way of thinking and expect some hours off for ourselves, and be really vocal about that. But then we'd seem like whiners.

50. *Lisa* says:
December 17, 2007 at 6:11 pm

Hurray for annoyed mom! If you have an amazing husband "but he just doesn't help with the kids enough," then you probably haven't communicated (nicely) to him how important it is to you. Maybe you haven't thanked him enough for all he does and so he is as jaded as you when it comes to the spouse's "responsibility." Talk to him! Ask him for specific help. When you walk up to a man and say "you need to be more sensitive, you need to do more, you need to recognize me more," I promise he will stare at you and feel attacked, and not at all like thinking up of ways to help you out. give specifics and give breaks!

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